



A leader in virtual care, Carepath is an innovative healthcare navigation service that provides comprehensive and personalized care to members and their families.

Facing a cancer diagnosis can be overwhelming, confusing, and stressful. Our Carepath Cancer program is led by Oncology Nurse Case Managers who serve as partners and advocates for members and their families. After you contact Carepath, you'll be paired with one of our Nurse Case Managers who will work with you and your family members from treatment to recovery to help you make informed decisions about your care.

They'll answer any questions you may have about your treatment, side effects, and progress and offer supportive counselling to help lessen the physical and emotional impact of a cancer diagnosis.

Our Carepath team follows the most up-to-date guidelines for cancer treatment and care to ensure the best possible outcomes.

Carepath helps you and your family by:

- **Performing a comprehensive health assessment, including a review of medical records**
- **Creating a plan of care based on nursing best practices, including:**
 - **Explaining your diagnosis, test results, and treatment plan**
 - **Preparing for your doctors' appointments**
 - **Assessing recommended treatments and offering guidance about alternative treatments**
 - **Teaching you how to manage your symptoms to minimize treatment side effects**
 - **Compiling a list of other supports, you may need (i.e., social work, psychologist, dietician, etc.) and how you can access these resources (i.e. review your benefits, hospital/clinic, and community resources)**
- **Updating your primary care physician (with your consent)**
- **Providing you with a copy of your New Life Care Plan and/or Return to Work Plan at the end of the Carepath service, if applicable**

We can help you and your family get the medical and emotional support you need. From the first phone call, we'll join you on your journey and stay with you every step of the way.

**For more information please contact
Carepath at: 1-800-290-5106
otip.carepath.ca**